

ANALYSE DE CONTENU

Légende des codes : IC IE IA BA IP II MS

Influenceur	Texte/Voix-off	Légende	Hashtags
Carla			
Publication 1 : Octobre 2024 IC : (oui) IE : (oui) IA : (non) BA : (oui) IP : (non) II : (oui) MS : (non)	Having visitors this fall in Ottawa? Here are 4 beautiful places to show them that they will love! 🍂🍁🍂 1. Corktown footbridge 2. Major's Hill Park 3. Rideau Hall grounds 4. Rideau Canal (Glebe/Old Ottawa South/) For all tips about Ottawa Follow me! @ottawaisnotboring ottawaisnotboring.com	If by any chance your bestie or boyfriend/girlfriend, or parents are coming to Ottawa for a visit this fall, these are the places where you should take them! 😊 These places are amazing and offer so much to explore! 🍂🍁 Be captivated by the amazing fall colours and why not? Brag a little bit about living in such a beautiful city!! 😊😊 🍁 Corktown footbridge is On Somerset St with Queen Elizabeth Drive. The view from there in the middle of fall is gorgeous!! This is a favourite spot for photographers. Take the opportunity to have a walk below the bridge along the Rideau canal. 🍂 Major's Hill Park is so beautifully located that from there you can enjoy the view of Ottawa's main landmarks like Parliament Hill, the Chateau Laurier, the National Gallery of Canada and the Ottawa river. It's the oldest park in Ottawa and looks so beautiful in autumn. 🍁 Rideau Hall grounds is an underrated fall destination but they are absolutely beautiful in autumn as well as the surrounding New Edinburgh neighbourhood. 🍂 The Rideau Canal in the section close to the Bank St bridge, which connects the Glebe with Old Ottawa South, is so pretty in the fall. All that area is stunning. You can explore the Glebe streets and be amazed by	#fallcolors #fallseason #thingstodoinottawa #ottawaisnotboring #ottawalife #ottawatourism #autumnlove

		the beauty of the whole neighbourhood. All the videos except the first ones were taken between October 23 and October 26 last year! Are you going to receive visitors in Ottawa this fall? 😊	
Publication 2 : Décembre 2024 IC: (oui) IE: (oui) IA: (non) BA: (oui) IP: (non) II: (oui) MS: (non)	<i>I asked people in Ottawa through my stories what their plans were for NYE</i> <i>And 39% replied "sleeping"</i> <i>Is really Ottawa [sic] boring? Or the people?</i>	It's surprising to learn that 39% of people in Ottawa plan to go to bed as usual tonight instead of doing something special for New Year's Eve. 😬 But the options to celebrate in the city are endless! So, the problem isn't Ottawa. Is the problem its people? What can we do about it? Is it possible to change this mindset? 🤔 If you don't want to spend on a party, there's a completely free celebration at Lansdowne, including fireworks at midnight! 🎆 In fact, two events are happening at Lansdowne tonight: the Ottawa Christmas Market and Fanfest at the Aberdeen Pavilion. So, there's no excuse to stay home and sleep! Head to the Aberdeen Pavilion to watch the Canada vs. USA hockey game in the IIHF World Junior Championship on a giant screen from 8:00 PM to 10:30 PM. Enjoy live music from 10:30 PM to 11:30 PM, and stick around for the midnight countdown and fireworks! So, don't say Ottawa is boring. Celebrate, have fun, and Happy New Year to all! 🇨🇦🎉🥳	#ottawaisnotboring #thingstodoinottawa #ottawaevents #ottawafun #ottawalife #newyearseve
Publication 3 : Septembre	<i>4 great farms for apple picking in and near</i>	It's apple season!! 🍎🍎🍎	#ottawaisnotboring #ottawafun

2024 IC: (oui) IE: (oui) IA: (oui) BA: (oui) IP: (non) II: (oui) MS: (oui)	Ottawa  Mountain Orchards  Cannamore Orchards  Orleans Fruit Farm  Pinewood Orchards Want to know [sic] about fun things to do in Ottawa? Follow me! @ottawaisnotboring ottawaisnotboring.com	Don't miss the experience of going apple picking with your family!! This is a much-loved late summer and early fall family tradition! This was all new to me when I moved to Ottawa and found that entire families with their little ones filled orchards hunting for some perfect apples! There are farms with orchards in and around Ottawa. The whole experience can include corn mazes, wagon rides, jumping on hay, photo ops, petting farms, cider shops, food and more! 😊 Apple picking consists of going to the orchards and filling a bag that you're given at the entrance, and then paying for the size of your bag full of apples. A 10 lbs bag costs between \$25 and \$30. Take advantage of the nice weather these days and go for some apple picking fun!! ☺  1. Mountain Orchards: It's a popular destination for apple picking. There is a big corn maze, an area for hay jumping, wagon rides, an outdoor cafe and some famous donuts. Details: @mountainorchards  2. Cannamore Orchards: Another family favorite. There is a maze, two different wagon rides, a shop and a variety of delicious apples and other treats. @cannamoreorchard  3. The Orleans Fruit Farm: Perfect for family outings and the best thing is that it is right in the city, in the Orleans neighborhood, so there is no need to drive a long distance. Details: fermedorleans.com  3. Pinewood Orchards: A mature apple orchard located only 20 minutes west of downtown Ottawa, in Kanata. They offer	#thingstodoinottawa #applepicking #apple picking season #fall #fallactivities #familyoutings #activitiesforkids
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		several varieties of apples that are all handpicked from their 800+ apple trees. Details: https://www.pinewoodorchards.ca/ What are you waiting for? Gather your friends and family, grab a basket, and make some memories among the apple trees. 🍏🍏 Happy apple picking, folks! 😊	
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Influenceur	Texte/Voix-off	Légende	Hashtags
Maddy			
<u>Publication 1</u> : Octobre 2024 IC: (oui) IE: (non) IA: (oui) BA: (oui) IP: (non) II: (non) MS: (oui)	“I noticed that Viens Avec Moi put out their new fall/winter collection, so, of course, I had to go inside and check it out. I’ve actually been a customer here for years, and I just love that their pieces are somehow trendy yet timeless at the same time. I also love that everything in this collection is designed right here in Ottawa. After trying everything on, I decided that I needed one of these sweaters. It just gives cool Parisian girl vibes. Also, leave it to me to choose the exact same thing the cashier is wearing. We both look so cute in our sweaters and this was just part one of the fall/winter drop. I can’t wait to see the rest	Shop with me at @viensavecmoiofficial 💕 I’ve been wearing Viens Avec Moi for years now, so I was thrilled to check out their new fall/winter collection 😍 The pieces are designed here in Ottawa and are très chic, as per usual 🙌 You can use my promo code MADDY25 online or in store to save ☺	#ottawaboutique #ottawashopping #ottawafashion #canadianfashion #canadianbrand #canadiandesigner #ottawablogger #ottawainfluencer #ottawastyle

	of it.”		
Publication 2 : Décembre 2024 IC: (oui) IE: (non) IA: (non) BA: (oui) IP: (non) II: (oui) MS: (oui)	Visiting <i>Ottawa’s highest rated Turkish restaurant</i>  <i>Sultan Ahmet</i>	Grill dinner is the new girl dinner 🔥 With an impressive 4.8 star rating on Google, it’s safe to say @sultanahmetca has captured Ottawa’s attention. The restaurant’s interior is bright and chic, transformed completely from what used to be a Clocktower pub 🥳 This food actually had us saying “should we book a trip to Turkey...?” lol. We had the chef’s mixed grill dinner for two, which had the juiciest chicken ever 🍗 I also loved the mix [sic] meze platter. I’m a big dip girl, and having four to alternate between was simply a dream. 10/10 would order again. This is the perfect place to dine with a crew of family/friends, because the dishes are great for sharing! *g i f t e d	#ottawarestaurant #ottawaeats #ottawafoodies #ottawafood #ottawabusiness #ottawafoodie #intheplebe #ottawablogger #turkishfood
Publication 3 : Novembre 2024 IC: (oui) IE: (oui) IA: (non) BA: (oui) IP: (non) II: (oui) MS: (oui)	<i>NEW Ottawa Christmas Market activity: karaoke on a festive party bike</i>  <i>Follow for more Ottawa activities!</i>	SHARE with the friends you want to Christmas karaoke with 🎤🎄 Ottawa’s favourite party bike has a new festive experience: carol-oke! The @thurstypedaler has transformed into the Pedaler Express for the holidays, spreading Christmas cheer across the Glebe 🥳 You will pedal to and from the Ottawa Christmas Market, all while singing karaoke on the bike! Christmas and non-Christmas tunes are welcome. This makes for a great Christmas party with coworkers, or just a fun activity to enjoy with friends at the Christmas Market! The details:  Festively decorated bike	#ottawa #ottawatourism #ottawachristmasmarket #ottawafun #intheplebe #ottawabusiness #ottawablogger #myottawa #ottawacanada

		 40 minute pedal party  \$24.95 per person  The ride starts and concludes at @ottawa.xmas.market  Festive drink included  Book one seat, a few seats, or the whole bike! Because the best way to spread Christmas cheer is singing loud for all to hear 🎵🎵	
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Influenceur	Texte/Voix-off	Légende	Hashtags
Jessica			
Publication 1: Septembre 2024 IC: (oui) IE: (oui) IA: (non) BA: (oui) IP: (non) II: (oui) MS: (oui)	<i>THE ULTIMATE CAPITAL CITY PATIO CRAWL</i> 📍 TAVERN ON THE ISLAND 📍 TAVERN ON THE FALLS 📍 TAVERN ON THE HILL 📍 TAVERN AT THE GALLERY — “This capital city has a line of patios that are known for being in the wildest locations. So, let’s try to visit them all in one night. First up is Bate Island which you can reach on foot or by water. This morning I didn’t even know this existed, tonight I’m sipping cocktails and eating sliders. Did you know Ottawa has a waterfall? The next stop is sunsetty Tavern on the Falls which needs no further explanation. Next up, the most iconic view in the city: Tavern on the Hill. Hello parliament, hello drinking under the stars, hello other awesome	I finally visited ALL of Ottawa’s most famous patios...in one night 🍷🎉 From waterfalls to island escapes, the Tavern line is known for their iconic spread of patios that can be spotted all across the capital city. In addition to the summer sunsets and sunny shenanigans, the taverns are also open well into the fall season with weekend DJ nights and their Oktoberfest celebrations! 🍂🍷 Here’s a breakdown of their FOUR Ottawa locations... Tavern on the Island (@tavernontheisland) is located on Bate Island and can be easily reached by cyclists, water adventurers, and walkers alike. Tavern on the Falls (@tavernonthefalls) is along the iconic Sussex Drive atop the twin waterfalls that flow into the Ottawa River. Tavern on the Hill (@tavernonthehillottawa) is the OG	#ottawa #ottawanightlife #ottawabar #ottawarestaurants #ottawatourism #barcrawl #visitottawa #exploreottawa #myottawa #ottawafoodscene #downtownottawa #tavern #ottawavalley #ottawafoodies #ottawafun #ottawaontario #capitalcity #ottawacanada #ottawalife #loveottawa #patio #ottawariver

	cocktail. I love the city. Continuing the party we're heading to the biggest gallery in Canada where you guessed it, there's another awesome patio. Cheers to a city that embraces year-round patio days. Could you do the crawl?"	tavern just off of Major's Hill Park and overlooks the entire Ottawa skyline. Tavern at the Gallery (@tavernatthegallery) is the epitome of Euro vibes tucked beside Canada's largest gallery in a tree-filled escape. Now the question is- which patio are you heading to first? 🥂	
<u>Publication 2:</u> Novembre 2024 IC: (non) IE: (oui) IA: (non) BA: (oui) IP: (non) II: (non) MS: (oui)	<i>OTTAWA CHRISTMAS LIGHTS</i> 📍 Sparks Street (FREE) <i>NOVEMBER 14 - JANUARY 6</i> <i>STEPS FROM RESTAURANTS, SHOPS & BARS</i> 📍 SPARKS STREET, DOWNTOWN OTTAWA	Christmas in Ottawa: Sparks Street Winter Wander (SAVE) 🎄 ✨ Christmas light lovers, this one's for you! Ottawa's iconic Sparks Street has transformed once again into a magical holiday wonderland and it's here [sic] to stay until the new year. Stroll through mega light installations, towering Christmas trees, and photo op moments all season long! When: November 14th to January 6th 📅 Cost: FREE! 🎁 Eats: Enjoy a pre or post feast at nearby @dineriviera, @thebiermarkottawa or @officerestpub 🍽️ Drinks: Cozy up for some apres-stroll drinks at @stolengoodscocktailbar, @rabbitholeott, or @darcymcgees44sparks 🍷 Parking: Lots are available along Queen Street, but it's also steps from Parliament Station and is easily accessible via many bus routes 🚌 Happy holiday strolling! ✨	#ottawa #ottawachristmas #christmaslights #ottawatourism #sparksstreet #downtownottawa #ottawawinter #exploreottawa #visitottawa #loveottawa #ottawaontario #ottawanightlife #ottawafun #ottawaevents
<u>Publication 3</u>	<i>OTTAWA SKATING GUIDE</i>	Ottawa Skating Rinks: Open Now	#ottawaskating

: Décembre 2024 IC: (oui) IE: (oui) IA: (non) BA: (oui) IP: (non) II: (non) MS: (oui)	<i>Lansdowne Park Skating Court</i> <i>City Hall Rink of Dreams</i> <i>Gardenway Rink (Orleans)</i> <i>Windsor Park (Old Ottawa South)</i> <i>Patinage de Forêt (Lac-des-Loups)</i> <i>Ruth Wildgen (West Ottawa)</i> <i>RiverOak Skating Trail (Russel)</i> <i>Ben Franklin Place Rink (Nepean)</i> <i>Westboro Rink</i> <i>Byward Market Rink</i> <i>Youngs Pond (Kanata)</i> <i>Jim Tubman Chevrolet Sens Rink</i>	(SAVE) 🛼❄️ Get your skates sharpened and your hot chocolate brewing, a ton of skating rinks have officially opened across Ottawa just in time for the holiday season! Be sure to SAVE this guide for your skating escapades. Ice conditions and rink info: For the most up-to-date details on ice conditions, additional rink openings, and on-site facilities, tune into ottawarinks.ca. This is a community driven site that relies on reports from your fellow Ottawans. Skate sharpening: Opt for local! @bsharpottawa, @cycosportottawa, and @kunstadsports are master skate sharpeners. Rideau Canal updates: Let's all collectively take a moment to cross our canal freezing fingers. The latest updates are shared on the @rideaucanalskateway page. Happy skating!	#ottawa #iceskating #icerink #ottawawinter #ottawaontario #ottawa #ottawaontario #visitottawa #ottawatourism #myottawa #loveottawa #ottawacanada #ottawavalley #outaouais #ottawafun #ottawalife #ottawaevents #iceskatingrink #ottawaliving #outdoorrink
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Influenceur	Texte/Voix-off	Légende	Hashtags
Géraldine			
Publication 1 : Septembre 2024 IC: (non) IE: (non) IA: (non) BA: (non) IP: (oui)	“Aujourd’hui je vous emmène découvrir 3 adresses au Piétonnier de Bruxelles. La fin des vacances ne veut pas dire la fin du bien-être. La rentrée est là, mais pas question de négliger les bonnes petites habitudes faciles à garder tout au long de l’année.	publicité @lepietonnier.be - Bon, c’est bel et bien la rentrée, mais pas question d’oublier de se faire plaisir et de prendre soin de soi ! 🌞🍷👯 Aujoird’hui, je vous emmène faire un tour au Piétonnier de Bruxelles chez casco, @continental et @ichiban : mes place 2 be pour se faire plaisir	#bruxelles #lepietonnier

II: (non) MS: (oui)	D'abord, on s'arrête pour le lunch chez Casco, un endroit parfait pour se poser et recharger ses batteries entre amis. Rien de mieux qu'une petite pause détente en terrasse et le service était vraiment top. Ensuite on a fait un tour par Ichiban, le magasin pour trouver n'importe quel bonbon asiatique. Ils ont aussi une grande sélection de manga. Parce que le bien-être c'est aussi se faire plaisir. Et enfin, direction le bar Continental. Je ne connaissais pas du tout, ils ont une trop chouette terrasse pour profiter de l'ambiance du centre-ville et se poser avec un petit cocktail. Parfait pour se déconnecter un moment. En bref, le piétonnier regorge d'un tas de bonnes adresses et c'est toujours agréable d'y aller faire un tour."	Suivez leur compte @lepietonnier.be pour découvrir toutes les bonnes adresses de ce quartier !	
<u>Publication 2</u> : Décembre 2024 IC: (non) IE: (non) IA: (non) BA: (non) IP: (non) II: (non) MS: (oui)	"Ce matin, je suis allée Chez Martha, pour découvrir son atelier de cookies qui est un très bel exemple de l'artisanat bruxellois. Martha a toujours vécu à Ixelles et avant d'ouvrir sa biscuiterie, elle travaillait dans la communication et les relations presse. Mais après un gros burnout, elle a décidé de tout quitter pour suivre ce qui la faisait vraiment vibrer : ses cookies. En faire et en offrir à ses proches, ça a toujours été dans son love language et c'est comme ça qu'est née sa biscuiterie qui fait aussi office de galerie d'art à l'occasion. Elle y expose des artistes locaux	publicité @hub.brussels - Une valeur sûre cette Martha 🍪💖 Vous pouvez d'ailleurs repérer tous les artisan·e·s certifié·e·s. grâce à un petit label probablement affiché avec fierté dans leur vitrine! Une des initiatives de hub.brussels pour accompagner les artisan·e·s bruxellois·e·s qui impacte la capitale positivement !	#hubbrussels #createurbruxellois #brusselsArtisans #supportlocalbusiness

	tout en proposant des cookies pour tout le monde, avec des produits soigneusement sélectionnés auprès de petits producteurs locaux. Comme beaucoup d'artisanats bruxellois, Martha met un point d'honneur à travailler de manière durable et à transmettre son savoir-faire. Sa journée commence tôt : préparations des commandes, cuissons, pesées, mélanges, mise en boule de la pâte, réfrigération. Tout ça avec la même énergie jour après jour ! L'artisanat bruxellois, comme celui de Martha, c'est une vraie richesse. Donc soutenir ses talents locaux c'est ce que fait hub brussels au quotidien. Alors, si vous avez l'occasion, poussez la porte de chez Martha ou d'un autre artisan près de chez vous !”		
Publication 3 : Novembre 2024 IC: (non) IE: (non) IA: (non) BA: (oui) IP: (non) II: (oui) MS: (oui)	“Voici une nouvelle adresse à ajouter à votre liste de spots à découvrir absolument à Bruxelles. Il s’agit de L’Annexe à Tour & Taxis. Elle se trouve juste à côté de la Fabbrica - vous savez c’est le resto avec les brunchs familiaux dont je vous avais déjà parlé précédemment. Ici, le principe c’est que c’est un brunch à volonté adult only : donc parfait si vous cherchez une ambiance un peu plus chill entre amis ou en couple. Au menu on retrouve un buffet salé avec notamment du risotto à la truffe, des légumes grillés, pizzas, plateaux de fromages et charcuteries, et côté sucré, on retrouve des crêpes, des tartes et des gâteaux en tout genre ! D’ailleurs,	publicité (invitation) - les prochaines éditions auront lieu les 15 et 29 décembre 🎄👩🏻👨🏻👦🏻😊 @lannexetouretaxis - Dites-moi en commentaire si vous avez déjà été essayer [sic] ou si vous comptez le faire ! À très vite pour d’autres chouettes adresses 🤍	#brunch #bruxelles #oumangerbruxelles #ideebrunch #brussels #petitdejeuner #avolonte #quefairebruxelles

	toutes les boissons, qu’elles soient chaudes ou froides, étaient également à volonté. Mais surtout, ne partez pas sans avoir testé le tiramisu préparé à la minute devant vous par le chef, c’est une vraie dinguerie ! Ça vaut le détour, alors qui viendra tester la prochaine édition ?”		
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Influenceur	Texte/Voix-off	Légende	Hashtags
Kristine			
<u>Publication 1</u> : Septembre 2024 IC: (oui) IE: (non) IA: (non) BA: (oui) IP: (non) II: (non) MS: (oui)	<i>Frank - new brunch spot in BRUSSELS</i>	@frank.brussels - a new brunch spot open in Brussels near Place Stéphanie ☕ We tried Eggs La Monnaie, Savory Stack (pancakes) and American pancakes and it was all very delicious, so I can truly recommend this place. 📍 Frank , Chaussée de Charleroi 17, 1060 Saint-Gilles 🕒 every day 8am-5pm	#brussels #bruxelles #brusselsfood #brusselsfoodguide #bxl
<u>Publication 2</u> : Novembre 2024 IC: (non) IE: (non) IA: (non) BA: (oui) IP: (non) II: (oui) MS: (non)	<i>10 things to do in Brussels this Christmas</i>	10 must-see and must-do things in Brussels this Christmas season and during the Winter Wonders festival: 1) Marvel at the Grand-Place Christmas tree and enjoy the Sound & Light Show – Watch Echoes of Colors, a mesmerizing video mapping spectacle. The show plays every 30 minutes (from 5 pm to 10 pm). 2) Explore the extended Christmas Market – visit chalets at Vismet/Ste Catherine, Place de la Bourse, Place de la Monnaie, Place de Brouckère, the Black Tower, and also along Rue de la Madeleine and Galerie Bortier. Open daily 12pm to 10pm from	–

29.11.24 to 05.01.25.

- 3 Skate at the Ice Rink or do Curling – glide under a transparent roof, with special zones for toddlers. Pl. de Brouckère, 12 pm to 10 pm.
- 4 Ride the Ferris Wheel at Vismet – Enjoy 360° views from 55 meters above. Daily 12 pm to 10 pm, accessible for persons with reduced mobility.
- 5 Immerse in Le Var region's Charm – Taste Provençal delicacies and discover artisan goods from this year's guest of honour. The chalets are on Place de la Bourse.
- 6 Visit Brussels City Hall at the Grand-Place - see the amazing installation of Lucia in the courtyard, and enter inside the City Hall to see the Heritage in Motion performance and explore the amazing interiors of this historic building with the new Visio guides. You can also climb the City Hall tower for panoramic view.
- 7 Go for Santa's Reindeer Ride – a charming carousel with sleigh-shaped gondolas at Place De Brouckère or Andréa's merry-go-round - a beautiful steampunk carousel at Place Ste Catherine.
- 8 Attend Santa's Workshops - near the Black Tower, behind Pl Ste Catherine. Stories, mascots, street arts, and many other surprises. Wednesday from 3pm to 7pm and Sunday from 2pm to 6pm.
- 9 Enjoy Brussels by Lights – Stroll through streets illuminated with artistic displays. Don't miss the Echinodermus installation at the bottom of Mont des Arts, which unfurls its sparkling foliage 11 meters high, like a firework suspended in mid-flight.
- 10 Sing and Play – Participate in Winter Vox choirs and creative workshops for all ages. Near Black Tower (Pl Ste Catherine 21), Sat and Sun from 4pm to 8pm until 22 December.

 @downtown_colors

Publication 3: Octobre 2024 IC: (non) IE: (non) IA: (non) BA: (oui) IP: (non) II: (oui) MS: (oui)	<i>The Smurf Experience</i> <i>BRUSSELS</i> <i>BRUSSELS EXPO</i> <i>more info</i>	✨ A magical journey into Smurf World We explored the new Smurf Experience in Brussels, created to celebrate the 66th Anniversary of the Smurfs. It was amazing fun for the kids! From helping Papa Smurf with potions to exploring the enchanted forest and outsmarting Gargamel, every corner is packed with fun, interactive activities. The immersive augmented reality and stunning 3D projections let the kids dance, play games, and discover the magical Smurf village. Plus, it beautifully teaches lessons about solidarity, respect, and protecting the planet—making it both fun and educational. If you're looking for something new and exciting to do with the family this autumn, this is a must-visit spot in Brussels! The kids will love it, and there's plenty for adults to enjoy too. @schtroumpfexperience Where: Brussels Expo, Palais When: Starting October 23 Tickets: From €16.90 per person Duration: The whole adventure takes about 1.5 hours. @downtown_colors	#NewSmurfExperience #BrusselsWithKids #SmurfsInBrussels #FamilyFun #InteractiveActivities #AugmentedReality #BrusselsExpo #KidsActivities #brussels #immersiveexperience #smurfs #thingstodoinbrussels #fyp #voorjou #pourtoi #bruxelles
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Influenceur	Texte/Voix-off	Légende	Hashtags
Ira			
Publication 1: Octobre 2024 IC: (oui) IE: (non) IA: (non) BA: (oui) IP: (non) II: (oui)	“There’s a new experience in town and last week we had the chance to try it out. It's called Emotion Air and I love their motto: art you can feel. At first, it might look like just another fun activity for kids, but trust me, it's so much more. As an adult, I found it	@balloon_museum will be open until 26th of January and it's the perfect activity for the upcoming rainy and cold months! Heysel, Brussels (right next to the Atomium) it took us about 1.5 hours to finish	#brussels #lifeinbrussels #lifeinbelgium #irainbelgium #belgium #bruxelles #explorebrussels #balloonmuseum #brusselsactivities

MS: (oui)	equally engaging. Emotion Air is an interactive balloon museum, where each room showcases different forms of art made from balloons and inflatables. But what's really special is that each space is designed to evoke a specific emotion like joy, anger, trust and more. What truly amazed me was how they captured the complexity of human emotions, making you really feel them through the art. It's an experience that goes beyond what you'd expect. Would you give it a try? You can find all the information in the description.”	but there was no time limit 💰 prices differ depending on the day/hour but they start from 21€ for adults and 14€ for kids. You can buy online or at the ticket office 🚗 you can get there by public transport (metro, tram) or by car. Different parkings available in Brussels Expo but we prefer to park on the street (cheapest option for us) 👥 We went on a Sunday at noon and there was no waiting line.	#brusselsactivitiesforkids
Publication 2: Novembre 2024 IC: (non) IE: (non) IA: (non) BA: (oui) IP: (non) II: (non) MS: (non)	<i>Visiting Atomium?</i> <i>Don't miss out on these beautiful parks just steps away!</i>	Next time you go to the Atomium, plan to visit the surrounding parks as well! There's so much beauty just steps away, especially during autumn or spring 🍂	#atomium #brussels #hiddengemsbrussels #explorebrussels

Publication 3: Décembre 2024 IC: (oui) IE: (non) IA: (oui) BA: (oui) IP: (non) II: (non) MS: (oui)	–	Found @narsenow work exposed in this very cozy chocolate & coffee shop in Uccle and I just fell in love with the two little birds ❤️ (and of the other drawings as well, of course!) They remind me of my first little birds I had when I was a child and I had to have them as a nice memory, a Christmas present from me to me 🦜 What I also took home was the @mikeandbeckybrussels delicious plums covered in chocolate, yum! The only thing left to do is to go and enjoy a coffee or a cup of hot chocolate in their beautiful space. While admiring art!	#brussels #belgianchocolate #artbrussels #belgianartists #belgium #artisanchocolate #lifeinbrussels #birdlover
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Influenceur	Texte/Voix-off	Légende	Hashtags
Sarah			
Publication 1 : Septembre 2024 IC: (oui) IE: (non) IA: (non) BA: (non) IP: (non) II: (non) MS: (oui)	<i>Journée sans voiture</i> <i>Le perroquet</i> 🦜💛 <i>Hotel Van Eetvelde</i> ✨ <i>Bouche</i> 💕 <i>Bye <3</i> – “Hello ! Bienvenue dans un nouveau vlog dans ma life à Bruxelles édition journée sans voiture. Surtout, ne faites pas attention à ma voix, je suis super malade, mais je refuse de pas profiter [sic] de mon dimanche.	Journée sans voitures à Bxl ✨💛 on en a profiter pour faire des petites adresses sympa et visiter l’hotel [sic] Van Eetvelde 🌻	#vlog #vlogbruxelles #bruxelles

	So, on a été lunché [sic] au Perroquet. Ils font des petits pitas super originales avec la sauce de ton choix. C'est vraiment super bon et que ce soit le midi ou le soir, ça fait toujours le taffe. Ensuite, on c'était programmé une petite visite du patrimoine bruxellois. On a été visité [sic] l'Hôtel Van Eetvelde. C'est un bijou d'architecture art nouveau. C'était une belle découverte et je vous la conseille vivement. On a terminé la journée en se posant chez Bouche, une autre valeur sûre. Bref, une journée bien Bruxelloise. À la prochaine !"		
Publication 2 : Décembre 2024 IC: (oui) IE: (non) IA: (non) BA: (non) IP: (non) II: (oui) MS: (oui)	<i>Journée banale dans ma vie à Bruxelles</i> Moi c'est Sarah 🌞 J'ai 28 ans Moments de vie <3, mes recommandations <3, mes voyages <3, mes outfits <3 Kapa ⭐ Lucie in the R 💖 Look du jour 🌸 Donnez-moi en commentaires vos youtubers préférés! :) Cerave 💙 Je suis choquée À la prochaine <3 — “Hello, bienvenue dans une nouvelle journée banale dans ma vie à Bruxelles et si tu ne me connais pas, moi c'est Sarah, j'ai 28 ans, et ici je te partage mes petits moments de vie, mes recommandations,	Journée banale à Bruxelles 🌟🌻 petit chai chez Kapa, emplettes de Noël chez Lucie in the R et surprise par Cerave 😊💙 Btw, donnez moi vos Youtuber prefs en commentaires, j'ai trop envie d'en connaître des nouveaux 🌟 sinon ca va vous?	#unejourneeavecmoi #vlog #bruxelles #vlogtiktok #vloglife

	mes voyages et mes outfits. Les présentations sont faites, alors j'ai commencé ma journée chez Kapa pour pas changer. Mes cafés préférés à Bruxelles. D'ailleurs, vous pouvez vous y asseoir donc allez faire un tour. Et puis je me suis dirigée vers Lucie in the R pour quelques petits emplettes de Noël. L'endroit parfait pour des petites pièces de qualité et éco-responsables. Une adresse à ajouter à ta liste. De sortie, du coup j'en ai profité rapidement pour faire un outfit check. Et ensuite, retour à la maison. Je me suis posée un petit peu devant Youtube. D'ailleurs, donnez-moi en commentaires vos youtubers préférés. J'aimerais en découvrir de nouveau. Ça c'était pas prévu. On m'annonce un colis, je suis assez perplexe. Allons voir ce que c'est. Je remonte rapido et là je vois que c'est Cerave qui m'a envoyé mon cadeau de Noël et je suis choquée. En vrai, ça fait plus plaisir à mon copain que moi parce que moi je cuisine pas. Et merci Cerave, c'est juste incroyable. Je suis tellement reconnaissante. Bref je vais finir le blog sur ça, bisous, à la prochaine !"		
Publication 3 : Novembre 2024 IC : (non) IE : (non) IA : (non) BA : (non) IP : (non) II : (oui) MS : (oui)	<i>c'est encore nous pour vous faire découvrir une super bonne adresse <3</i> <i>direction ixelles</i> <i>Sao thai cuisine</i> <i>Sao</i> <i>Pho pia kai</i> <i>Som tam</i> <i>Panang kai</i>	Sao Thai Cuisine! Manger chez la chef Sao à Ixelles et se sentir comme en Thaïlande [sic] ✨🇹🇭 pourquoi tu devrais y aller? - le cadre! Une deco [sic] moderne et pas dans les clichés 💕 - la cuisine de Sao! Avec ses traditions et ses suggestions fusion thai x cuisine européenne 😊 - le service aux petits soins	#foodspots #food #bruxelles #brussels #bxl #restaurant

Massaman Neva Coco cake Sorbet coco Bye <3 — “Hello, c’est encore nous pour vous faire découvrir une super bonne adresse. Cette fois-ci direction Ixelles pour découvrir un des meilleurs restaurants thaï si pas le meilleur de BX, chez Sao Thai Cuisine. Alors, pourquoi ça serait le meilleur selon moi ? D’abord, la déco. Quand tu entres, tu te retrouves directement plongé dans une ambiance digne d’un rooftop à Bancok. Ici, on fait pas dans le cliché. Du côté de la carte, on retrouve toutes les traditions thaï, mais aussi une série de suggestions alliées en cuisine thaï et européenne. Après l’apéritif, je suis allée voir les cuisines, c’est là où Sao la chef avec son équipe 100% thaï fait sa magie. On passe à l’entrée: rouleaux de printemps et la salade de papaye. Où je suis tombée amoureuse en Thaïlande. Pour ma part, le traditionnel curry rouge et le curry massaman du côté de mon copain. Tout était ultra frais et ultra bon, vraiment rien à dire. Ne parlons pas du dessert. Pour moi, le coco cake, pour mon copain le sorbet coco fait maison. Ça c’était un petit peu mon coup de cœur. Bref, que vous dire à part d’y aller parce que c’est une valeur sûre, qu’on a été super bien reçu, que j’ai extrêmement bien mangé. Je ne peux que te le recommander. À la prochaine !”	☀️ Bref valeur sûre, j’y retournerai de bon coeur 😊💕 *invitation	
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Influenceur	Texte/Voix-off	Légende	Hashtags
Nancy			
<u>Publication 1:</u> Décembre 2024 IC: (oui) IE: (non) IA: (non) BA: (oui) IP: (non) II: (oui) MS: (oui)	<i>New cheese bar in town</i>  <i>Sélection by Soeurs Fromagerie</i> <i>Galerie Bortier</i> — “Le peuple l’a demandé et il a été entendu ! L’une des meilleures fromageries de Bruxelles vient enfin d’ouvrir son point de dégustation dans le cadre magnifique de la Galerie Bortier. Et si cette adresse n’a connu que du succès que depuis son ouverture. C’est grâce au savoir-faire familial transmis à Hélène par son grand-père. Sélections c’est un bar fromager où tu peux désormais créer ta box apéro soigneusement sélectionnée selon tes goûts avec la possibilité de la savourer sur place dans cette galerie splendide remontant au 19e siècle. ... Au menu également des créations gourmandes qui changent chaque mois comme ce Mont d’or au four accompagné de chanterelles et sa touche de persil, pomme de terre grenaille et petits pains. Un pur bonheur hivernal, tout comme ce croque raclette aux oignons caramélisés, épinards, pickles et sauce pimentée ou encore cette brioche chaude garnie de ricotta, confiture de kaki, pistache et miel de Gochujang pour relever le tout. Cerise sur le gâteau, cette année le marché de Noël s’étend jusqu’aux portes	Une adresse extra cheesy pour les amateurs et les connaisseurs 🤝😄🧀🎄  @selections.be by @Sœurs.  Rue de la Madeleine 55, 1000 Bruxelles, Belgium  Apéro box: 1 person > 9€ 2 ppl > 16.50€ 4 ppl > 32.50€ 8 ppl > 65€ The toast (croque raclette): 10€ Sweet delicacy: 10€ Mont d’Or with chanterelles, potatoes and bread: 28€ (The recipes change every month!)  Tag someone you want to take on a Christmas market + cheese date! 😊	#theguidebrussels #soeursfromagerie #visitbrussels #brusselsfood #brusselsactivities #brusselsrestaurant #brusselsevents #thingstodoinbrussels #bruxellesrestaurant #brusselscheeseshop #cheeseshop #galeriebortier #fyp #christmasinbrussels

	de la galerie Bortier. CHEESE !”		
Publication 2 : Novembre 2024 IC: (oui) IE: (non) IA: (non) BA: (oui) IP: (non) II: (oui) MS: (oui)	<i>Brussels Brunch Spot</i>  MONDDAY — “Attention je vais faire kiffer une personne parmi vous pendant un an ! Pour ça, direction Mondday à deux pas de la Place Flagey, l’adresse de brunch qui te régale jusqu’au Sunday. Et aujourd’hui, je teste leur nouvelle carte d’hiver. Ils ont plein de nouveautés à tomber comme ces pancakes hyper fluffy dégoulinants, crème brûlée ou chocolat noisette. Mais comme les bonnes choses prennent du temps, arme-toi de patience si tu veux les déguster. Côté salé, ce toast au tzatziki avocat halloumi au miel et graines de sésame ou encore celui à la crème de tofu onctueuse et gourmande. Et ça c’est le Big Bun, avocat, oeufs brouillés, bacon et sauce aïoli maison. Pour le petit déj, ils proposent à présent entre autres un chia pudding hyper frais, mais aussi des œufs à la Turque. Pour accompagner tout ça, leurs nouvelles boissons glacées signature aussi gourmandes qu’instagrammables: le matcha tiramisu et le latte tiramisu, une dinguerie ! Mais si tu veux plutôt te réchauffer, prend le cappuccino à la crème de pistache. Tu commences à avoir l’eau à la bouche ? Et bah check le méga concours en description. T’es pas prêt ! Résultat ? Next monday.”	 1 PERSON WINS A BRUNCH FOR 2, ONCE PER MONTH, FOR 12 MONTHS  1 PERSONNE GAGNERA UN BRUNCH POUR 2, UNE FOIS PAR MOIS, PENDANT 12 MOIS! Conditions to enter the giveaway (you can participate both on tiktok and instagram): -Like this post -Follow @theguide brussels and @Mondday -Comment and tag your brunch buddies I will announce the winner in my stories and under this post on Monday 25/11/2024! Good luck 🍀 Mondday  Chau. d’Ixelles 314, 1050 Ixelles, Belgium  Open every day except Tuesday- 10am-6pm non stop  Menu brunch: 27.50€/person  Vegan options: limited (the tofu toast) *Halal options: chicken is halal (not the bacon) ! The fluffy pancakes preparation takes 20 mins approximately-plus the	#theguidebrussels #brusselsfood #brusselsbrunch #brunchspots #brunchspot #brunchbrussels #brusselsfoodguide #visitbrussels #brusselsactivities #brusselsrestaurant #brusselsevents #bruxelles #fyp

		place is usually busy on weekends.	
Publication 3 : Octobre 2024 IC: (oui) IE: (non) IA: (non) BA: (oui) IP: (non) II: (oui) MS: (oui)	42-years-old fruits and veggie store in Laeken/Brussels — “Ce primeur de quartier présent depuis plus de 40 ans à Laeken vient de remporter 2 prix lors de la cérémonie des Brussels shopping Labels. C’est l’histoire du grand-père de Yasin qui a fondé “Au Petit Primeur” en 1982 et aujourd’hui à seulement 24 ans c’est Yasin lui-même qui prend la relève. ... Ensemble, donnons de la force à ces institutions bruxelloises qui animent nos quartiers. Info en description.”	Meet the winner of the Brussels Shopping Label for the Traditional Retailers category; an initiative by @entreprendre.bruxelles and @Local Guide Brussels that honors the merchants who are keeping our City alive and vibrant! @aupetitprimeur 📍 Av. de Busleyden 65, 1020 Laeken, Belgium At this 42-years-old neighborhood grocery store, you can shop the largest and rarest variety of fresh and seasonal fruits and vegetables 🥕!! 🕒 Open Tue-Sun: 7am-8pm 🍓 Tag your veggie friend and support small businesses!	#theguidebrussels #brusselsshoppinglabels #localguidebrussels #entreprendrebruxelles #aupetitprimeur #brusselsshops #brusselsfood #brusselsevents #thingstodoinbrussels #brusselsshopping #brusselsfoodspots #laeken

Influenceur	Texte/Voix-off	Légende	Hashtags
Shahbaz			
Publication 1 : Septembre 2024 IC: (oui) IE: (non) IA: (non) BA: (oui)	Brussels Most Iconic DATE NIGHT RESTAURANT Follow for more	Visited Le Thème in Brussels, and it was an incredible experience. The perfect spot for a date night or celebration, with delicious food, great drinks, and live belly dancing performances. The atmosphere was amazing, making it the ideal place for a birthday party or any special occasion. Highly recommend if you’re looking for a unique and	#invitation #brussels #bruxelles #belgium #belgiumtravel #brusselsrestaurant #travelphotography #brusselsguide

IP: (non) II: (oui) MS: (oui)		unforgettable evening. 📍 Opens only Thursday, Friday, Saturday 7pm to 1am 📍 Location: Le theme Brussels @letheme_brussels Belgicastraat 10, 1930 Zaventem Cuisine: Mix Prices: 20-40 eur Vegetarian options: Yes Halal options: Yes	#travelguide #visitbrussels #letheme #beautifulrestaurant #hiddenplaces #brusselsphotography #belgiumtrip #bruxellestagram #mustvisit #beautifulplaces #fyp #pourtoi #voorjou #halalfood #datenight
<u>Publication 2</u> : Octobre 2024 IC: (oui) IE: (non) IA: (non) BA: (oui) IP: (non) II: (oui) MS: (oui)	<i>BRUSSELS BEST HALAL MEXICAN RESTAURANT</i>	Rosita's Cantina, your go-to spot for Mexican cuisine in Brussels! Located on Place Saint-Géry, enjoy a relaxed atmosphere, halal meat, and authentic favorites like tacos and quesadillas! *Meat is Halal but they do sell alcohol Location: Rosita's Cantina Rue du Pont de la Carpe 12, 1000 Bruxelles Cuisine: Mexican Prices: 20-40 eur Vegetarian options: Yes Halal options: Yes	#invitation #brussels #bruxelles #belgium #belgiumtravel #brusselsrestaurant #travelphotography #brusselsguide #travelguide #visitbrussels #mexicanfood #beautifulrestaurant #hiddenplaces #brusselsphotography #belgiumtrip #bruxellestagram #mustvisit #beautifulplaces #fyp #pourtoi #voorjou #halalfood #datenight

<u>Publication 3</u> : Novembre 2024 IC: (oui) IE: (non) IA: (non) BA: (oui) IP: (oui) II: (oui) MS: (oui)	NEW LUXURIOUS PRIVATE SPA in brussels	Luxina Beauty & Wellness: a private sanctuary in Anderlecht with a jacuzzi, hammam, and exclusive interior. Enjoy heated [sic] pool and personalized service for a truly relaxing experience. @Luxina private wellness 📍 57 avenue Paul Janson 1070 Anderlecht Belgium	#invitation #spaprivatif #spaprive #wellness #belgium #bruxelles #pourtoi #voorjou #evjf #relaxtime #couplegoals #forgirls #spaprivebelgique #brussels #bruxelles #belgiumtravel #brusselsguide #travelguide #visitbrussels #hiddenplaces #belgiumtrip #mustvisit #beautifulplaces #fyp #datenight
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Influenceur	Texte/Voix-off	Légende	Hashtags
Melissa			
<u>Publication 1:</u> Septembre 2024 IC: (non) IE: (non) IA: (non) BA: (non) IP: (non) II: (oui) MS: (oui)	Authentic Japanese experience In Ottawa 📍 149 Kent St (Ottawa, ON) Follow @melshangrytable — “If you're thinking of going to Japan, you must visit this authentic Japanese restaurant here in Ottawa with elevated sushi boats, bento	✈️ Is Japan on your list? Try authentic Japanese food in Ottawa before you go! Visit @festivaljapanrestaurant for a Japanese experience specializing elevated [sic] sushi boats, bento boxes, sashimi, nigiri all made by a Japanese Chef! Wide selection of beers on tap, sake flights and cocktails and the sake flights was a ton of fun. They can host large groups, catering and create intimate tables. A place for everyone! Festival Japan	#ottawa #sushi

	boxes and fresh seafood. Make your way to Festival Japan, located right on Kent Street, tons of street parking and come hungry. It's a little family-owned business with Japanese beers on tap, sake flights and signature cocktails. Their head chef is Japanese and has worked in Japan for many years and making sushi is truly an art. Fish is very delicate so it takes a skilled chef to handle it. Their shrimp tempura is deep fried to perfection and I loved it. Their chef sushi boat is a crowd pleaser and it's meant to be shared with the group : a ton of sushi rolls, fresh nigiri and sashimi, and I couldn't believe how large a fish was to rice ratio. You can grab their elevated bento box for lunch and dinner. Top bento boxes I've had in Ottawa. Enjoy the taste of Japan without leaving the city.”	149 Kent St, Ottawa, ON K1P 5P3 A big thank you to Festival Japan for hosting our Anniversary dinner! 💍❤️	
Publication 2: Décembre 2024 IC: (non) IE: (non) IA: (non) BA: (non) IP: (non) II: (non) MS: (oui)	<i>Handcrafted Chocolate Ottawa's Willy Wonka</i> <i>Starting Early! No GST/HST Now until the tax break ends</i> — “Remember Ottawa’s Willy Wonka? Well he opened a Rideau Centre location! Ottawa’s very own Willy Wonka hand paints and precisely molds each piece, with almost everything made from scratch. With endless rich	🎩 Ottawa’s Willy Wonka opened his 2nd location at the Rideau Centre (3rd floor beside Westin Hotel entrance). Shop early because they are matching the NO GST/HST right now!! Get his chocolate early! All chocolate is handcrafted and almost everything is made by scratch! Using only rich belgian chocolate and flavourful ganaches will satisfy anyone’s palette. You can customize each box and it’s beautifully wrapped for you! It’s the BEST holiday, birthday and special occasion gift to someone special. The rolls Royce gift box is the most luxurious box of chocolate and	#ottawa

	flavour options, you can customize your own gift box, beautifully wrapped and lasting up to 3 months. This is the real show stopper: the Rolls Royce Chocolate Gift Box filled to the brim. This is truly luxury. I absolutely love their stuffed dates and it's a great gift. Yes, they sell the viral dubai chocolate made with only 3 ingredients: belgian chocolate, pistachio, knafeh, dusted with gold. It's less sweet and you can really taste the flavours of pistachio. They even have authentic Turkish delights. I love that you can customize a gift here and it's already gift wrapped. Enjoy your visit to Ottawa's own Willy Wonka store here at the Rideau Center."	this would WOW anyone!!! This is definitely a showstopper gift! They have delicious stuffed dates and truffles and it's my all time favourite. Do not forget to grab their ruby chocolate bar, it's amazing!! They offer Dubai chocolate using only 3 premium ingredients and it's less sweet, savoury and you can really taste the pistachio! Not only chocolate they have authentic turkish delights, coffee, icecream, baklawa, strawberry chocolate cup and so much more!! Below are some prices of the gift boxes shown  3 tier Christmas gift box is \$90 Black box with drawer is \$50 Flat black box \$100 Luxury Rolls Royce gift box \$375 Hot chocolate gift cup All is calm \$25 Assortment Christmas box \$75 Pistachio choco (Bank) 1666 Bank St, Ottawa, ON K1V 7Y6 Pistachio Choco (Rideau Mall) 50 Rideau St #306, Ottawa, ON K1N 9J7	
Publication 3 : Novembre 2024 IC: (non) IE: (non) IA: (non) BA: (oui) IP: (non) II: (non) MS: (oui)	 <i>BeaverTails is on the Rideau Canal</i>  <i>Meet Grant Hooker (co-founder)</i> <i>Some of these BeaverTails will be available on the Rideau Canal</i>  <i>BeaverTails on the world's largest ice rink</i> — "BeaverTails is getting craned on the Rideau Canal today.	 This year marks the 44th anniversary of BeaverTails on the Rideau Canal, and the team is beyond excited to welcome skaters back to the world's largest ice rink! We're so fortunate to have two of Canada's most iconic treasures right here in Ottawa. Whenever I think of the Rideau Canal, I can't help but dream of enjoying a hot cocoa and a warm BeaverTails after the first skate of the season. Don't tell anyone, but that's honestly one of the main reasons I lace up my skates—it's my ultimate reward! @BeaverTails And don't forget, you can enjoy BeaverTails all year long, whether you're	#ottawa #beavertails

	... This year marks the 44th anniversary of BeaverTails on the Rideau Canal and the team is thrilled to welcome skaters back to the iconic rink. With just one thing left to wait for, ice, Beaver Tails will soon be serving up Canada's most beloved treat. Like their classic cinnamon sugar, killaloe sunrise, the avalanche with Skor bits, warm apple pie, triple triple chocolate hazelnut spread, coco vanilla with crushed oreo and their warm brownies. See you on the ice."	in the Byward Market or at Tanger Outlet Mall. The treat is always waiting for you! These 5 BeaverTails will be available on the Rideau Canal are: The Classic (Cinnamon and Sugar) Killaloe Sunrise (The Classic with a wedge of fresh lemon) mEHple (Maple flavoured spread & Maple Sugar Flakes) Hazel Amour (Choco-Hazelnut Spread) BrWOWnie (Choco-Hazelnut Spread, Brownie and White Choco-chunks)	
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Influenceur	Texte/Voix-off	Légende	Hashtags
Julia			
Publication 1 : Septembre 2024 IC: (oui) IE: (non) IA: (non) BA: (oui) IP: (non) II: (oui) MS: (oui)	<i>Ottawa Patios to visit this fall</i> 1 2 3 4 — "Add these cosy patios to your fall bucket list. They are perfect for sunset, warming up by the fire and taking in the scenic views. Each one has its own unique appeal, cocktails, food. [sic]"	Which spot would you go first? 🍷 How many have you been to? If you're looking for cozy vibes matched with scenic views, you need to check out these patios this fall or the warm summer temps we're getting ☺️🌞🍁 1. @tavernontheisland is one of Ottawa's newest hotspots! Nestled on Bate Island, this patio offers breathtaking views of the Ottawa River and even a glimpse of Parliament in the distance. Indulge in a specialty burger and cocktail, unwind by a fire table, and enjoy games and comfy seating. There's parking available, but a bike ride there would make for a fun adventure too. 2. @tavernonthefalls: Dine beside a waterfall by a cozy fire table as boats pass by along	#taverntour #ottawa #ottawafoodies #ottawaontario #ottawapatios #ottawalife #ottawafood #ottawarestaurants

		the Ottawa River. This is the perfect spot for cocktails and a bite in a picture-perfect setting! This might be my favourite tavern to catch sunset [sic]! 3. @tavernonthehillottawa: Back and better than ever! Treat yourself to gourmet hot dogs and martinis while lounging in bean bag chairs under twinkle lights and a starry sky. The perfect recipe for a magical evening. 🥰✨ 4. @tavernatthegallery Hidden behind @natgallerycan, this patio feels like a secret garden. Savor wood-fired pizzas, charcuterie boards, and Baileys hot chocolate. As fall sets in, the surrounding leafy walls will turn a gorgeous red, adding to the charm. 🍁 🍷 Don't miss Oktoberfest events at @tavernatthegallery (Sept 21-22) and @tavernonthefalls (Sept 28-29). Expect German-inspired food, beer, and a live polka band! 🎵 *hosted, thank you to @graylineottawa for bringing us to the stops :) It was my first time on Ottawa's double-decker bus and it was a fun to see some Ottawa landmarks as we moved between patios	
<u>Publication 2:</u> Décembre 2024 IC: (oui) IE: (non) IA: (non) BA: (oui) IP: (non) II: (non) MS: (oui)	<i>Viral hot chocolate & raclette in Ottawa</i> ☕❄️🧀	Don't miss this booth at the Ottawa Christmas market 🥰 Here's why ↓ ☕ Get creative & boozy drinks including hot chocolates topped with a TOASTED MARSHMALLOW RIM, whipped cream and fun toppings. You can also get non-alcoholic versions of all their drinks. We loved their s'mores and candy cane hot chocolates 😊 🍷 They also have mulled wine or you can buy one of their mulled wine kits to make at home.	#ottawa #ottawachristmasmarket #ottawachristmas #ottawadowntown #ottawafoodies #ottawafood

		 Transport to Switzerland with their cheesy raclette 😊 This was my first time having racelette [sic] and it was so good!  Pup cups!!!! Your furry friend can join in on the fun too!  You need to visit @pompettepours. You'll find them just past the twinkle tunnel at the @Ottawa Christmas Market. One of my favourite booths 🥰 *gifted	
Publication 3 : Novembre 2024 IC: (oui) IE: (non) IA: (non) BA: (oui) IP: (non) II: (oui) MS: (oui)	Something you can't miss Ottawa Christmas 🎄🎤✨ — “Did you know that this year at the Ottawa Christmas Market you can go on a pedal-powered ride around the market singing Christmas karaoke? Hop on board The Pedaler Express, also known as The Thursty Pedaler. This ride is decked out for Christmas with a full karaoke system and guaranteed laughs along the way. We had such a blast and this is something you can't miss at the market. Make sure to book your tickets now.”	 Add this to your Xmas Market bucket list  All aboard The Pedaler Express (aka @Ottawa's Party Bike!) for a one-of-a-kind holiday adventure ✨ Sing your heart out with carol-oke on a pedal powered tour around the @Ottawa Christmas Market! This is such a BLAST! What better way to get in the holiday spirit than singing and laughing on a festive ride! Book a ride with your friends and family for a holiday activity you won't forget! Fun fact: ‘The Pedaler Express’ was inspired by the Polar Express so you can live all your nostalgic, Christmas vibes right here in Ottawa with this epic ride! Here's the details:  When: Every Fri-Sun until January 5th at the Ottawa Christmas Market  Where: Ottawa Christmas Market at Lansdowne  How it works: Before your ride, your party pilot will make a playlist of your fav songs - Christmas hits, karaoke classics, your favourite song you can't get out of your head! The ride comes decked out with a lyrics screen and mics so you can serenade Lansdowne as you pedal around. Afterward, explore the Christmas Market that's even	#ottawa #ottawachristmas #ottawachristmasmarket #ottawalife #ottawadowntown #lansdowne

		bigger and better this year  Buy a ticket in advance at thurstypedaler.com You can book a few spots or the full ride. One thing I love about the Thursty Pedaler is mixing with other friend groups. Shoutout to @theottawadiaries for our friend blend ride! Will you be hopping aboard this festive ride? Comment the songs you would choose below! I chose All I Want for Christmas and Last Christmas 🎤💖	
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Influenceur	Texte/Voix-off	Légende	Hashtags
Alex			
Publication 1 : Septembre 2024 IC: (non) IE: (non) IA: (non) BA: (oui) IP: (non) II: (non) MS: (oui)	trying Ottawa's <i>SOMEWHERE</i> dine bar	My bestie and I recently went to @somewhereottawa and had the best time 🥰 📍 110 Murry St. Our top cocktail picks are Bubbly Bliss and Pinky Promise 🍹 I was super impressed by the food!! I'd go back for their delicious Wagyu Dumplings, Arancini al Agrodolce, and Miso Glazed Black Cod 😊 They have happy hour everyday from 5 pm - 7 pm where they have half price appetizers, \$11 cocktails, and \$2 oysters 🦪 🍴 Food: 9/10 ☀️ Service: 9/10 💎 Price for experience: 8/10	#ottawa #ottawafood #ottawarestaurants #happyhour
Publication 2 : Novembre 2024 IC: (oui) IE: (non)	Ottawa's <i>Top Rated</i> PIZZA	If you haven't tried Heartbreakers Pizza before, you're missing out! 🍕✨ "The Sweetheart" pizza with pepperoni, jalapeño, and honey was to-die-for 😊 And of course we had to finish the evening with a big slice of celebration cake 🍰	#ottawa #ottawapizza #ottawafoodies #ottawarestaurants

IA: (non) BA: (oui) IP: (non) II: (non) MS: (oui)		 Food 9.5/10  Service 9/10  Price for experience: 10/10 The place is small so be sure to make a reso; they also do takeout!  465 Parkdale Ave.	
Publication 3: Décembre 2024 IC: (oui) IE: (non) IA: (non) BA: (oui) IP: (non) II: (non) MS: (oui)	OTTAWA'S BEST FACIAL	✨ Treat yourself to glowing skin with a facial! ✨ From rejuvenating facials to relaxing massages, the @upkeepshoppe will have you looking and feeling your best this winter.  Whether you're tackling dry skin or just need some you-time, their tailored treatments using their Esau Skincare line are pure self-care goals.  My facial was the Ultra Surge and included extraction, exfoliation, facial mask, moisturizer and a nourishing scalp massage.  My skin feels re-energized, bright, smooth and refreshed! I didn't realize how much I did this facial until after   Located in the heart of Little Italy at 358 Preston St. The Upkeep Shoppe was awarded the "Best in Canada" facials, as featured in Flare Magazine!	#ottawa #ottawaspa #ottawafacial #ottawalife